

Galatians 6:1-5

Weekly H.E.A.R.

H - Highlight

Underline all of the commands within this passage.

E- Explain

What is the difference between bearing one another's burdens and bearing one's own load?

A - Apply

What is an area of your life that you need to assess honestly because it is hindering your spiritual growth?

R - Respond

In reflecting on your own life, filtering it through the lens of Christ, what is one change that you could make this week to better reflect the Fruit of the Spirit? Have you taken the Spiritual Growth Plan survey?

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Notes A Spirit-filled Christian...

I) Restores another who is caught in sin

II) Shares the burdens others carry

III) Is honest about themselves

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