

# Weekly H.E.A.R.

## Notes

### **H - Highlight**

Highlight the contrasting words between the works of the flesh and the fruit of the Spirit.

### **E- Explain**

What does walk by the Spirit mean and how can you do this in your life?

### **A - Apply**

Which of the works of the flesh is our culture most infatuated with? Which one are you most infatuated with?

### **R - Respond**

What vice (work of the flesh) do you need to crop (surrender) this week, if any?

**I) Problem: I want to sin.**

**II) Promise: I don't have to.**

**III) Process: Die daily.**