

Life Group Lesson - Week of 1/28

This lesson is based on Galatians 6: 1-5

Highlight

One of the best ways to highlight Scripture is to look for repeated phrases or themes. When the author says something again and again, it clues the reader to what his primary theme might be. A second study skill is to look for contrasting words.

- Highlight a verse or words that stick out to you.
- Underline all of the commands within this passage.

Explain

In this portion of our study, we're intending to figure out John's meaning to his original audience, as well as those of us who read this today. **Remember, the Bible cannot mean what it never meant.**

- What is the difference between bearing one another's burdens and bearing one's own load?
- How do you restore a brother that is caught in a transgression according to this passage?

Apply

This is now the portion of our study where the rubber meets the road. While the text CAN ONLY have one meaning, there are several different ways it can apply to our lives today.

- What does it look like to share your burdens with others?
- What is an area of your life that you need to assess honestly because it is hindering your spiritual growth?

Respond

According to Daniel Akin at Southeastern Baptist Theological Seminary, "Observation + Interpretation, w/o Application = Constipation."

- In reflecting on your own life, filtering it through the lens of Christ, what is one change that you could make this week to better reflect the Fruit of the Spirit? Have you taken the Spiritual Growth Plan survey?
- What burdens do you need to share with your accountability partner this week?